

Medical matters

The Noosa Hospital Newsletter



Noosa Hospital
111 Goodchap Street, NOOSAVILLE QLD 4566

07 5455 9200

Summer 2007

NOOSA
HOSPITAL

A note from the Chief Executive Officer



Welcome to the first edition of our GP Newsletter. This quarterly publication is designed to keep you up to date with news from Noosa Hospital and to remind you about the range of services we offer both public and private patients.

With more than 180 staff working across the hospital on any given day, the services we provide are very much the result of a team effort.

An average day at Noosa Hospital:

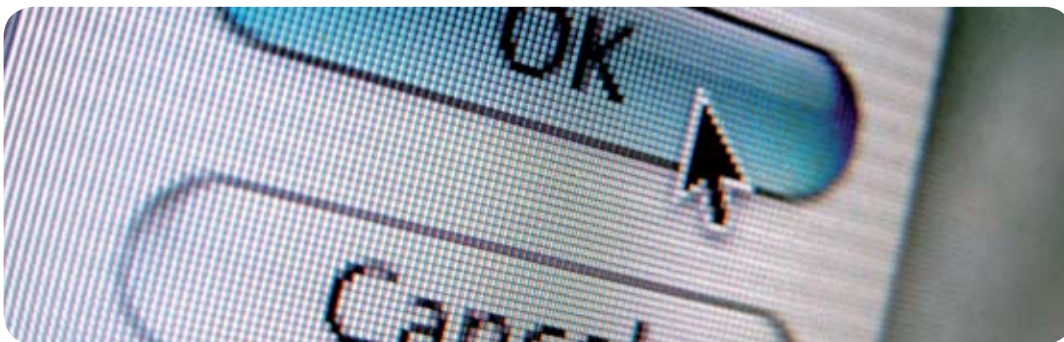
- Admit sixty patients
- Treat forty patients in our emergency medical centre
- Undertake twenty five operations
- Prepare over seven hundred meals and snacks
- Process over one thousand documents, including blood

tests, x-rays and other diagnostic reports

If there is some specific information you would like to see in our next edition, do not hesitate to contact me with your suggestions.

*James Thiedeman, CEO
Noosa Hospital*

General News



Medical Objects is a network comprised of hospital, general practice, private specialist, allied health professionals, nursing homes, pathology and radiology service providers as well as disease registers.

The network facilitates the secure transmission of documents such as GP referrals to specialists and allied health professionals. It can also be used to send diagnostic imaging reports. The network uses state of the art encryption

technology to ensure privacy and security of information.

We are pleased to report that a trial of this network has begun at Noosa Hospital in conjunction with the Sunshine Coast Division of General Practice. This is allowing us to email medical discharge summaries to GPs in our catchment area. The trial is mainly for public medical patients but Dr David Henshaw (General Physician) is also trialing private referrals.

There are many benefits relating to the Medical Objects

network. It ensures fast, secure and accurate delivery of information between hospital and GP. It is cost effective as well as being good for the environment by cutting down on paper usage and printing costs.

In the future Noosa Hospital hopes to introduce Medical Objects across the hospital system and we look forward to perfecting this process with the help of the Sunshine Coast Division of General Practice.

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Profile – The Intensive Care Unit



An interview with Unit Manager Joanne Kammolhz:

1. What's the name of your unit? The Noosa Hospital Intensive Care Unit.

2. How many people work within the unit? About seventeen staff, including four medical staff, with Dr John McCarthy the Director of Critical Care Services.

3. Who works in the unit? We have a whole range of staff coming through the unit including doctors, nurses, residents, registrars, wardsmen, an occupational therapist, a speech pathologist, physiotherapists, a dietician as well as housekeeping staff.

4. How many people can your unit accommodate at any one time? We have a total of eight beds - four of them are for ICU patients and the other four are for high dependency unit (HDU) patients.

5. What type of equipment and technology is used in your unit? We have invasive monitoring technology available for the intensive care unit, a bipap machine, ventilators and continuous cardiac monitoring on both ICU and HDU beds.

6. Typically, what type of patients do you treat? We treat both public and private patients in the ICU at Noosa Hospital. Most often we deal with people requiring a higher level of post operative care as well as patients with medically unstable conditions like respiratory or cardiac problems.



Profile - Dr David Henshaw

1. What is your area of expertise? I am a General Physician which means that I cover most medical specialties but particularly complex and/or diagnostic problems. I try to treat the patient in a holistic manner.

2. Where did you train and where have you spent most of your working life? I did my undergraduate training in Bristol in the UK and then went on to do my postgraduate training in general medicine and geriatrics in London.

3. How long have you been based in Noosa? I moved to Australia in 2000 and spent four years based in Kalgoorlie practicing as a Consultant General Physician. I had been to Noosa in the past for holidays and always loved the place, so when the job came up in 2004 I was delighted to accept the position.

4. What are the main differences between working in the UK medical system and working here in Australia? I would have to say the hospital system is better structured here in Australia. The infrastructure and information is well organised. It was very frustrating working in the NHS with disorganised charts, delays in tests and inadequate portering services so that patients would miss crucial scans just because of a lack of portering staff.

5. What do you like about Noosa? The weather for starters! Great climate, great restaurants and a good balanced lifestyle.

6. What services do you offer patients? I treat in-patients and out-patients, both public and private. I am also happy to provide consultative support for my surgical colleagues.

7. What would you ask GPs to provide in order for you to best care for their patients? I think the most important thing, especially with complex problems, is a complete set of all tests done over the past year and all previous investigations and consultations. This kind of information is vital and gives me a better chance of accurately diagnosing and treating the problem.

Charity Corner



Noosa Hospital is proud to be involved with and support many charities. In 2006, for the sixth year in a row, the hospital participated in the "Relay for Life" – a nationwide charity event designed to raise money for the Queensland Cancer Fund.

The 18 hour relay had an emotional start as cancer survivors took to the racing track

at Nambour Showground. Our fourteen member hospital team consisted of nursing staff as well as their family and friends and they put in a tremendous effort – running right through the night! The team raised \$1000 for the Queensland Cancer Fund.

Allied Health

Sunshine Coast Rehabilitation Services



Sunshine Coast Rehabilitation Services offer multidisciplinary programs for chronic pain of a musculoskeletal nature. The service involves a comprehensive assessment of the individual by a physiotherapist, occupational therapist, exercise physiologist, and psychologist. Patients

undergo daily treatment which includes exercise and rehabilitation maintenance.

This service is recommended for patients with complex or long term conditions including back, neck and shoulder injuries. The aims of the service are to:

- Improve understanding of injury/condition
- Assist with planning and facilitating return to work
- Encourage self responsibility and self management of the injury/condition
- Upgrade physical function, improve quality of life
- Improve posture and manual handling techniques
- Address specific psychological issues relating to pain & mood

Sunshine Coast Rehabilitation Services can be found off-site, two blocks away from Noosa Hospital. For more information call Ph. **5449 9199** or send an email to: suncoastrehab@affinityhealth.com.au

Outpatient Physiotherapy

Mark Hanegraaf has been providing quality physiotherapy to the Noosa region for five years. He has experience in chronic pain rehabilitation, work hardening, gym-based exercise prescription, post-surgical rehab, hydrotherapy and outpatient physiotherapy.

In the past three years Mark has focused his attention heavily on improving outcomes for chronic conditions and lower back pain for private outpatients. This has led to his innovative use of Swiss balls and Pilates reformers to maximize core stability.

Mark designs individual exercise programs to empower patients and is particularly interested in working with the elderly. He uses gentle supervised exercises to boost confidence and mobility.

Being based at the hospital allows Mark to work closely with local surgeons and hospital hydro therapists, streamlining treatment in order to maximize outcomes. Bookings can be made through Allied Health Ph. **5455 9224**.



GP Education Training



Each year Noosa Hospital holds several GP Education Training sessions on a variety of medical topics. The latest training session, run by general and laparoscopic surgeon Dr Ian Curley, was titled "Keeping Abreast of Colorectal Surgery". It offered GPs an update on the latest developments and treatment options for breast and bowel surgery as well as information on Stomal Therapy.

In the future all GP Education Training sessions will take place at Noosa Hospital in the new conference room located in the Administration pavilion. The hospital has made a major investment in this new facility including leading edge audio-visual and video conferencing equipment. Stay tuned for details on future GP Education Training sessions.

Hospital happenings

In 2006 we welcomed Mel Pretorius (physician with interest in internal medicine/scopes) to our staff along with Llewellyn Lloyd (anaesthetist).

In 2007 Noosa Hospital will have two new training registrars joining the hospital in January for their six month rotation. The registrar posts are in general surgery and anaesthetics.

Visiting Medical Officer Easy Find List January '07



Hospital/general enquiries:

07 5455 9200

Hospital facsimile	07 5455 9411
Renal Unit	07 5455 9403
QML Pathology	07 5444 6244
QDI Radiology	07 5430 5200
Bed Management	07 5455 9520
Outpatient Physiotherapy	07 5455 9224

Speciality	Name	Patient Type	Phone	Facsimile
Anaesthetists	Dr Christine Aynsley	Private/Public	5455 9200	5455 9222
	Dr Geoffrey Cole			
	Dr Llewellyn Lloyd			
	Dr John Osborne			
	Dr Gerald Turner			
Cardiology	Dr Tony Neaverson	Private/Public	5455 9214	5455 9486
Clinical Haematology & Medical Oncology	Dr Sybil Kellner	Private Public	5443 5504 5455 9216	5455 9455
Critical Care Services	Dr John McCarthy	Private/Public	0413 028 721 Pager: 3309 1469 Hm: 5448 8046	
Dermatology	Dr Godfrey Wagner	Private	5455 9216	5455 9455
Ear Nose & Throat	Dr Kevin Feely	Private/Public**	0403 369 440	5478 4362
	Dr Brian O'Reilly	Private	5444 4755	5444 0977
Emergency Medicine	Dr Eric Van Puymbroeck	Private/Public	5455 9381	5455 9416
General Medicine	Dr David Henshaw	Private/Public	5455 9214	5455 9486
	Dr Meshach Kirubakaran			
General & Laparoscopic Surgery	Dr Ian Curley	Private	5474 4033	5474 4133
	Dr Michael Donovan	Private/Public	5455 9216	5455 9455
	Dr John Lancaster	Private/Public**	5473 0400	5473 0444
	Dr Chris Lusink	Private	3216 4590	3216 4524
	Dr Mel Pretorius	Private/Public	5455 9200	5455 9222
	Dr Allan Smith	Private Public	5455 9464 5455 9216	5455 9532 5455 9455
Gynaecology	Dr Marc Miller	Private/Public	5455 9216	5455 9455
	Dr Anton Marineanu	Public	5455 9216	5455 9455
Urogynaecology	Dr Lewis Lander	Private	1800 898 412	
Obstetrics & Gynaecology	Dr George Bogiatzis	Private	5441 4777	5441 4666
	Dr James Lander	Private	3839 8412	3831 0260
	Dr James Orford	Private	5441 5700	5441 5477
	Dr Graeme Moore	Private Public - all referrals are placed on the Specialist Outpatient Department waiting list at Nambour General Hospital	5476 0155 5455 9216	5476 0672 5455 9455
Ophthalmology	Dr Andries Ferreira	Private/Public**	5455 9450	5455 4985
	Dr Tze-Ki Ho			
	Dr Peter Winstanley			
	Dr Peter Winstanley			
Orthopaedics	Dr Andries Ferreira	Private/Public**	5455 9450	5455 4985
	Dr Tze-Ki Ho	Private	5443 9999	5479 6191
	Dr Peter Winstanley	Private Public (joint surgery only)	5441 6422 5455 9216	5441 7010 5455 9455
Plastic & Reconstructive Surgery	Dr Lee Brown	Private/Public**	5443 4322	5443 4458
	Professor Gerard Sormann	Private	5474 5455	5474 5069
Rehabilitation Service	Dr Peter Winstanley	Private/Public	5449 9199	
Renal Medicine	Dr Meshach Kirubakaran	Private/Public	5455 9214	5455 9486
Respiratory Medicine	Dr Michael Bint	Private	5443 9449	5443 9429
Urology	Dr Patrick Dunne	Private	3326 3683	3326 3862
	Dr Chandra Perumalla	Private	5441 5944	5450 4387

Referral Process:

Private Patients: Please direct referrals to the specialist of choice.

"Non-Private Patients": Please direct referrals to the specialist of choice. Appointments are triaged on referral information and clinical urgency. Note (**) an initial consulting fee may apply.

Where possible, patients should bring x-rays, pathology results, list of medications and details of carer (if relevant) when attending clinics or being admitted to the hospital.

This is not a comprehensive list of specialists with visiting rights to this hospital. Please contact Noosa Hospital on 5455 9200 to obtain a complete list of accredited specialists or to ascertain if your preferred specialist is accredited here. This list is current at the 1st January 2007.